

The role of sea foods in reversing the global crisis in mental ill-health

Professor Michael Crawford confirmed as speaker at the 7th International Oyster Symposium.

The IOS7 Programme Committee is delighted to announce that Professor Michael Crawford will be speaking at the 7th International Oyster Symposium on Tuesday 12th September. The Symposium will take place at the Pontio Arts and Innovation Centre, in Bangor, Gwynedd, UK and Professor Crawford's presentation is titled "The role of sea foods in reversing the global crisis in mental ill-health".

Professor Crawford is an internationally renowned researcher in nutrition and brain development who was recently granted the Order of the Rising Sun by the Emperor of Japan for his contribution to culture and science. To register for the Oyster Symposium please follow [this link](#).

More about Professor Michael Crawford

In 1972 Professor Crawford's research with Andrew Sinclair led to the identification of omega 3 docosahexaenoic acid (DHA) as a major determinant of brain growth and a plausible role in evolution of the human brain. This discovery linked the requirements for neurodevelopment to the marine resource which initiated the evolution of the brain some 500 million years ago. This work predicted the present rise in mental ill-health.

Professor Crawford founded the Institute of Brain Chemistry and Human Nutrition (IBCHN) in 1990 at Hackney Hospital in East London and subsequently at the Queen Elizabeth Hospital for Children. He also founded the Mother and Child Foundation (MCF) to gain a better understand of cause and to prevent neurodevelopmental disorders and so enhance maternal and infant health (www.themotherandchildfoundation.org). He has been a consultant to WHO, FAO and the three joint FAO/WHO consultations on dietary lipids 1978, 1994 and 2010. He has been honoured internationally for his work, which included the International Prize for Modern Nutrition in 1995, an award from the University of Louisiana – for Neuroscience and Medicine in the same year - and was elected Brain of the Year in 2013 by the Brain Trust, UK, the Chevreul Medal for lipid science in Paris 2015. In the same year, he was granted the Order of the Rising Sun by the Emperor of Japan for his contribution to culture and science.